

Educator Services

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Setting The Stage

Instructional practices are important components of good teaching and there are plenty of professional development tools available for growing teachers in these areas. **But these practices are only truly effective if a student feels safe, connected, and regulated. Only *then* can the brain truly acquire new information.** But how often do we talk about that? We can backwards plan a unit, use data to inform our DOK 3 learning target (and you better believe it's measurable), embed differentiated instruction with ELL supports, and our students will not learn most of it if they are hungry.. Or fought with their sister on the way to school. Or are being bullied by a classmate. Or feel afraid of their teacher. Remember Maslow's hierarchy of needs? Think about that but amplified by the wealth of information now available about the brain and how it gets primed to learn. Partner this knowledge with your (awesome!) existing instructional tools and watch the powerful learning that can unfold.



About Shannon

Shannon Meyer, M.Ed., founded YOLO Parents and Educators to help parents and educators be in tune with themselves and their students so that they can connect in ways that form lifelong healthy relationships. As a credentialed teacher with training in Cognitive Coaching, Common Core Education, Parenting Through Connection, and Positive Discipline, Shannon has worked as an instructional coach, consulting with parents and educators throughout the country. Shannon is passionate about supporting parents and educators in

seeing the whole child and exploring how a deeper understanding of our kids helps everyone be happier and healthier. Because, you know...YOLO!

Professional Development Packages:

Packages can be customized to meet the needs of you and your team. After a complimentary, in-person planning and intake session, Shannon will build the “just right” presentation to support your teachers in building a strong classroom culture. After the first session, if you are not completely satisfied you will receive a 100% refund. I know it sounds like I’m selling Snuggies here, but I know your teachers will love this learning experience! Course Outcomes include:

- Reflect on personal and societal viewpoints for children and how they should behave
- Articulate the long and short-term effects of our classroom management choices
- Examine the right and left hemispheres of the brain and how they impact verbal and emotional responses
- Examine the upper, middle, and lower parts of the brain to see how they affect a child’s behavior
- Explore the “fight” and “flight” response and how it impacts a student’s ability to learn information
- Apply the “Mistaken Goal Chart” any behavior to determine the underlying causes and possible solutions
- Explore logical consequences and the criteria for “positive discipline” when facing behaviors
- Analyze our strengths and weaknesses to identify our own “buttons” and how they get pushed
- Analyze your student’s personalities and how they interact with our own
- Explore the 9 innate temperaments and how we can flex to support students’ needs
- Acquire a plethora of strategies to confidently respond to even the most challenging behaviors
- And much, much, much more!!!

Hear What Other Educators Are Saying:

“Shannon Meyer has ran professional development several times for my teachers regarding how to better manage student behavior in the classroom. Each of her PDs ended with an overwhelming positive response from our teachers. Her approach is fun, positive, and supportive. The ideas and resources she shares are spot on and easy to implement. I am so grateful to have been able to offer Ms. Meyer’s insights and supports to our teachers. Her time with them truly changed and grew their practices.” - Christine, Principal of an Inner-City High School

“I am thoroughly impressed by her insight, depth of knowledge, and work ethic. With so much ability, she still manages to be down to earth, and can deliver PD to any group of adults. She has a keen sense of what your staff needs...and she delivers!” - Arkee, Principal of a Elementary and Middle School

“Shannon has helped me transform my classroom culture into a loving, warm, and safe environment. With her strategies and approach to learning my students have developed into passionate, engaged, and excited readers and writers. My classroom truly transformed by working with Shannon!” - Jackie, Middle School ELA Teacher

“While working with Shannon she has helped me develop specific strategies for behavior management in my classroom that have helped my students to build a foundation of trust. This has helped them be more successful in the classroom in so many ways. We focused on the whole child approach where each student feels heard and appreciated, making them part of our family in the classroom.” - Chelsea, Elementary School Math Teacher

Want to increase parent engagement? Hear what parents are saying:

"Shannon Meyer has been a blessing in my family's life. Before I met her, I was constantly yelling at and threatening my strong-willed four year old. Shannon has taught me new ways to parent that have been life changing." - Obie, parent of two

"We now have less threats, punishment, time outs, hurt feelings and guilt. Getting our son to use his 'higher brain' is our new goal. Thank you, Shannon!!!" - Chelsow, parent of two

"Shannon Meyer is a wise person who fulfills the mission of helping parents. She had us laughing at her anecdotes and crying during role play, because she touched the deepest part of us as parents: our hearts. Shannon gives me great hope on the bumpy road of motherhood. Her guidelines are on my fridge." - Alice, parent of two

"You get hooked on the positivity. You role play to actually see how your child feels and leave with the redirect of positive power." - Michelle, parent of two

"Shannon was able to connect science with the reality of raising children in a way that was eye-opening. Her real life scenarios and techniques were a game-changer for our family." - Thalla, parent of three

FAQs

How long is a session? Can it be customized?

-Yes! The course can be adjusted for your needs! Have an hour? Great! Have a full day? Even better. You tell me what works for you.

Are there materials/books that need to be purchased?

-No. However, Shannon has plenty of book recommendations if you'd like to know more about a certain topic.

Are there readings or homework?

-No. In the past Shannon has found that this can create stress for busy teachers so she gives simple "action item" homework like trying a new strategy and debriefing it the following week.

How are the sessions structured?

-The lesson begins with a warm-up question to activate our brains and provide schema. Next Shannon will introduce a new topic or concept and provide some teaching. Educators will then engage in interactive role-plays to explore the concept for themselves and debrief how various strategies feel to them. This learning experience then transforms into actionable items specific to the teacher and student. Lastly, the group will reflect on the experience and note how their thinking may have changed during the learning experience.